

# Draft ideas for the Q Lab peer support group after the Lab process ends

For discussion on 20 February 2018



*A connected community working together to improve health and care quality across the UK*

**NHS**  
*Improvement*

 **The Health Foundation**

## **What should happen to the Q Lab peer support community in the future, after the Lab process ends?**

Here are some draft, invented, potential scenarios, that have been developed to provoke discussion.

Please share your opinion on how you would like to interact with the challenge community in the future. You can comment on any issues or benefits that you foresee, suggest alternatives, recommend organisations or express an interest in volunteering.

## *Context for these discussions*

- Over the last 12-months nearly 200 people have signed up to be involved in the Q Lab challenge on peer support
- The Q Lab is part of the Q community and so there will be a number of opportunities for people to stay connected after the Lab process ends:
  - If you aren't already a Q member you can [apply to join](#) from the summer
  - If you have been inspired to start a peer support project, you can apply to the [Q exchange](#) for funding (with a Q member as the lead)
- Are there other ways that you'd like to see the peer support community continue, to help your work or to continue to improve peer support in the UK?

# *Questions for you to consider*

Do you think there's a value in the peer support group continuing?

What would you be able to put into a peer support community?

What would you hope to achieve through your involvement?

What options are most appealing to you and why?

You can add comments online [here](#)

Or you can join the webinar discussion on 20 February 2018 at 12:30pm to share your thoughts with others. To sign up please [contact us](#).

## Scenario 1

Community ends when the Lab process ends

Final sign-off email

Updated profile cards are shared

Outputs from the Lab are added to the Q website

Online group closes by the summer

## Scenario 2

Community morphs into an ongoing mailing list

Everyone is invited to join the mailing list

Updates approximately every 6 months for the next 2 years

Choices about who manages the content and suggest updates

Online group closes by the summer

## Scenario 3

Community morphs into a 'special interest group' as part of Q

Small number of Lab participants volunteer as leads

Online space is monitored and engagement is encouraged

People use the space to discuss issues and make connections

Potential for some face to face meet ups

## Scenario 4

Online peer support community is hosted by another organisation or group

People are invited to join a new online space, maintained by a host organisation

Group could either be open and advertised so that more people join and take part