

# Is Q for me?

Do you have an understanding of some of the structured approaches to enable improvement? For example improvement methodology, co-design or Systems Thinking. You may have gained this understanding through formal development, personal study or your professional and personal experience.

no



Q may not be for you at the moment. Members are curious about, and understand, the variety of ways quality can be improved. They have at least a baseline understanding of different approaches to health care improvement, as well as the barriers and how these can be overcome.

yes



Are you interested in collaborating to improve the quality of health and care?

no



Q may not be for you at the moment. Members of the community see collaborating with people from different backgrounds as a key way to achieve their development and improvement goals.

yes



Have you played an influential role in improvement efforts that go beyond an individual team? For example have you formally led improvement work, provided a patient or public perspective, or contributed to the design, supporting analysis or evaluation of improvement work?

no



Q may not be for you at the moment. Members have experience of playing a significant role in efforts to improve quality. This may have been in many different ways, but should have had a significant impact on the process or outcome of the work.

yes



Find out more and apply to join via [q.health.org.uk/join-Q](https://q.health.org.uk/join-Q)

