



# Q LS User Group- virtual meetup #13

‘Zoom in the time of Liberating Structures’

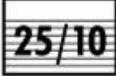


# Welcome & Workshop purpose

- Introductions
- Meetup principles
- Feedback
- Trial structures
- Share approaches to virtual workshops
- Develop a network of Q LS folk
- Create a safe space for problem solving

# What are Liberating Structures?

- Simple social workshop designs that **distribute participation** more widely, while drawing out **greater difference and variation** within groups
- A repertoire of techniques that reliably **generate novelty**
- A collection for organising groups to **collaborate and mutually shape** their work together
- Tools & facilitation techniques that share a similar **logic or organising structure**
- Tiny methods that make it possible to **benefit from complexity** instead of flattening, ignoring, and pushing it away

Impromptu networking 	15% solutions 	25 : 10 crowdsourcing 	Conversation café 	Celebrity interview 	Agree/certainty matrix 	Panarchy 
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# Plan & Purpose for today

- Meeting #12 Sept Spring Clean
- Purpose to Practice
  - Realignment; Reconnection; Rejuvenation
- Post MeetUp
  - Networking space
  - Troika - support space for work issues





# Purpose-to-Practice

Design the Five Essential Elements for a Resilient and Enduring Initiative



### 1. Purpose

Why is this group important to us? Why do we want it to be successful?



### 2. Principles

What rules must we obey in pursuit of our purpose. What MUST we do? What must we NOT do?



### 3. Participants

Who must be included to achieve our purpose



### 4. Structures

How will we organise? What are the roles.... frequency of meetings ... tracking status of task



### 5. Practices

What are we going to do? What are we going to offer? What will be developed? What are outputs and deliverables



# Developing our Shared Purpose



- A personal touchtone for you as an individual
- Fundamental justification for our work as a group

**Sequence: 6 mins in total**

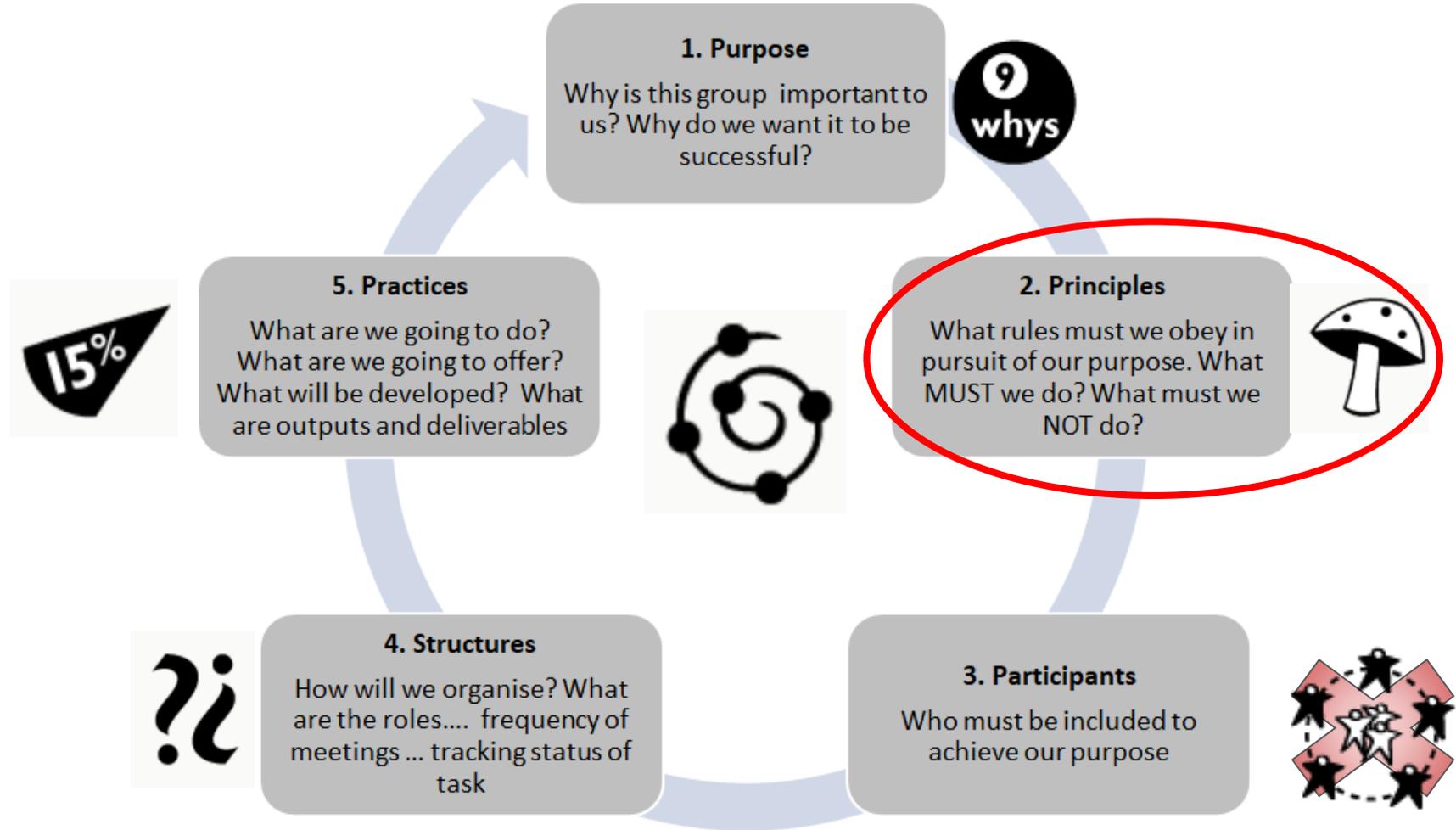
Pairs: 1 interviewer/interviewee

State why our group is important to you

Interviewer keeps asking “Why? Why? Why?” up to nine times or until participants can go no deeper because they have reached the fundamental purpose for this work.

Final statement.

Swap pair



# Max Specs

Complex rules and regulations give rise to simple and predictable behavior.

# Min Specs

Simple, clear purpose and principles give rise to complex, intelligent behavior.



# *What is everything we could do/should not do to have an successful MeetUp ?*

1. [ALONE] Generate a 3 items (6 in total) on list of Must Dos and Must NOT Dos for our group (2 mins)
2. [IN FOURS] Test each Specification? If you violate the rule, would we still achieve your purpose? If so delete rule (8 mins)

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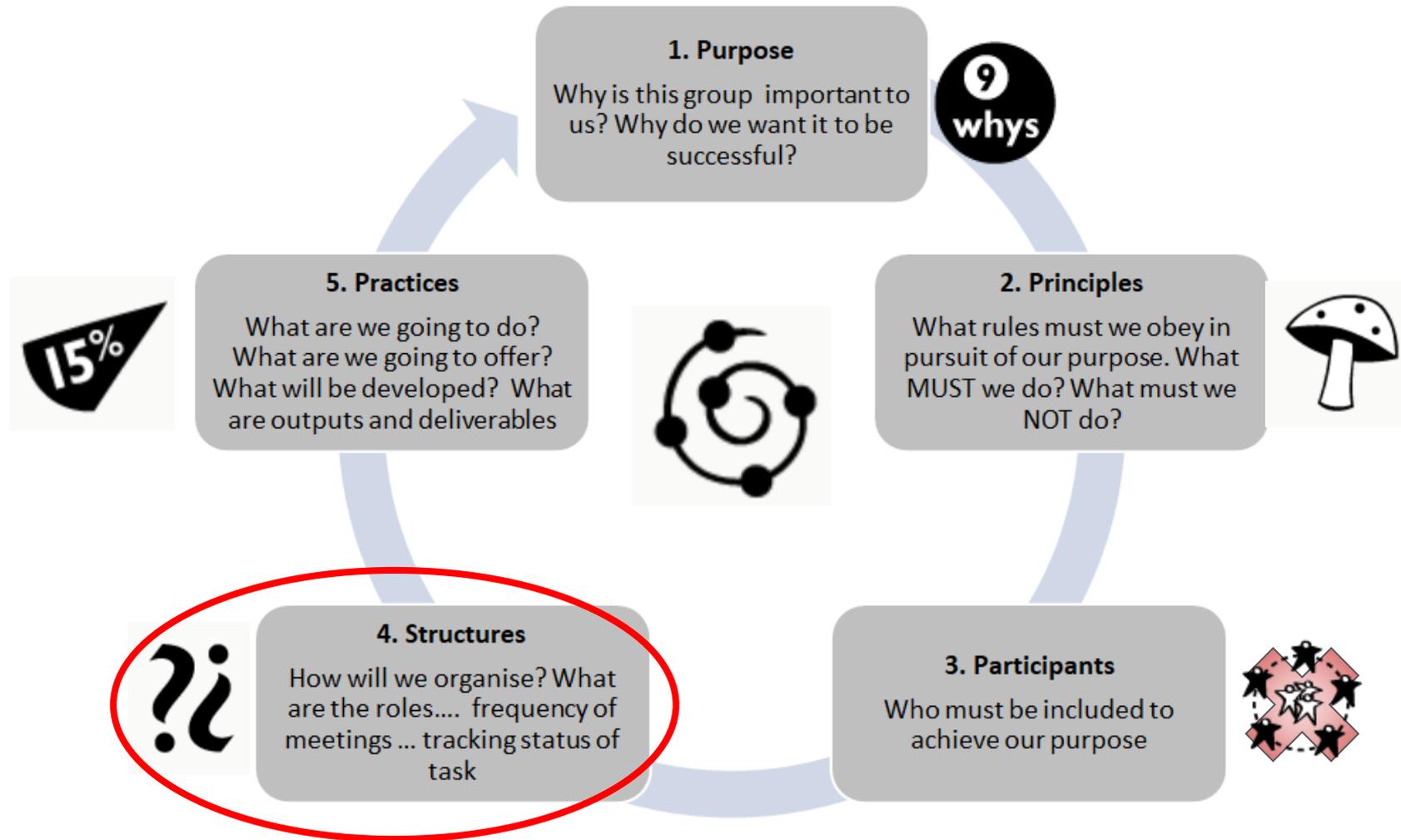
What are we going to do? What are we going to offer? What will be developed? What are outputs and deliverables



### 3. Participants

Who must be included to achieve our purpose





# *We are a peer-led SIG*

Where do our needs for consistency and planning to make MeetUps happen, still allow for group members to lead sessions and be involved in ways that suit while also being open and transparent and not appearing to be a clique

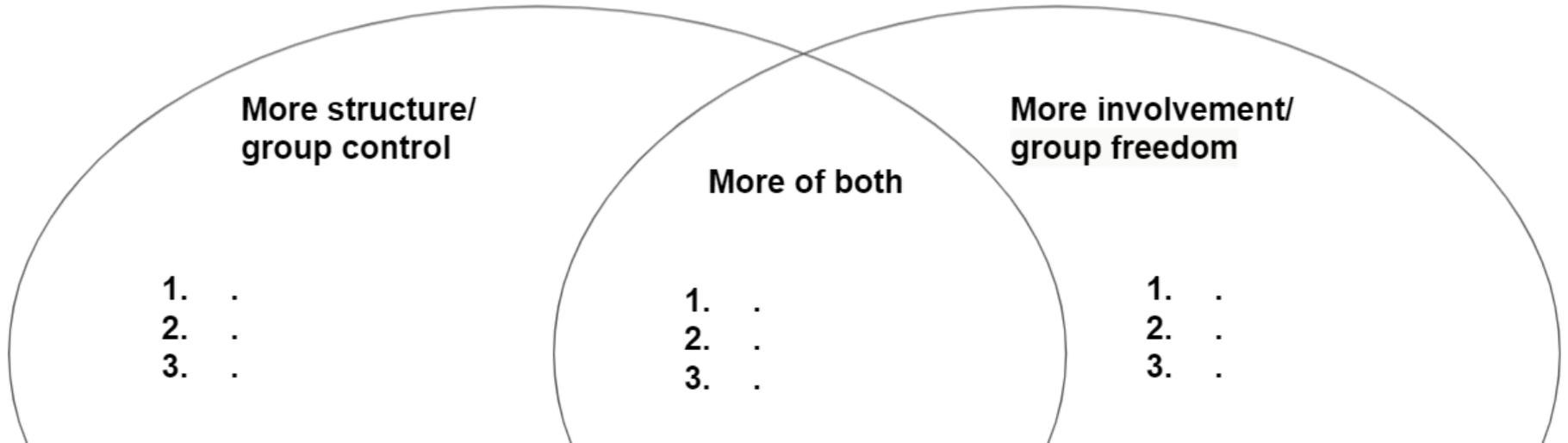
**What mix of group control and group freedom will advance our purpose?**

1. [ALONE] Generate a list of activities/ tasks that contribute to the success of our purpose [2 mins]



**Integrative  
Autonomy**

# Integrative Autonomy



1. [ALONE] Think about your list. Which actions/suggestions/activities purpose can help us do more of both [2 mins]
2. Put you back into your groups to come up with the agreed strategies and actions [6 mins]



# *What is possible?*



What are the actions and activities and suggestions that we should do to be successful and organised and open

What is coming from your group

Remember to put your name in brackets to help lead

# Networking and Support Space

- Trioka
- Networking - Say Hello

# Wrap and thanks

- Please share your feedback on this session:

[https://survey.eu.qualtrics.com/jfe/form/SV\\_88QirR1OPsTOO0K](https://survey.eu.qualtrics.com/jfe/form/SV_88QirR1OPsTOO0K)

- Get involved – help facilitate a future session

- Join Q's 'Liberating Structures in Healthcare' group:

<https://q.health.org.uk/community/groups/liberating-structures-in-healthcare/>

Find the right LS to use with [LS Matchmaker](#) tool

LS cards pack; LS App

