

Extra Resources

Other resources/media mentioned during the call:

— A video on Illustrating The Power of Appreciation - [Vincent Van Gogh Visits The Gallery - Doctor Who](#)

— Following on from Suzanne's reference to the work with homeless hostels: ["Back on Your Feet" - positive, strength focused work with homeless hostel residents, build wellbeing/resilience w Appreciative inquiry.](#) (Short video with feedback from participants)

— [Their website](#) where there are lots of case studies/free downloads/AI resources to buy

— They also work closely with [Aqua](#), who also run Appreciative Inquiry training for their members

— Here's the source for the [collaborative Inquiry book and their website](#)

— For our BC participant - Click [here](#) for resilience podcasts, resources, articles, and more...