

Session 3: Building the future together

We want to see...

Generalisable learning
into the problem and
potential solutions

Ideas for how to address
this challenge

Improved skills for
collaborative change

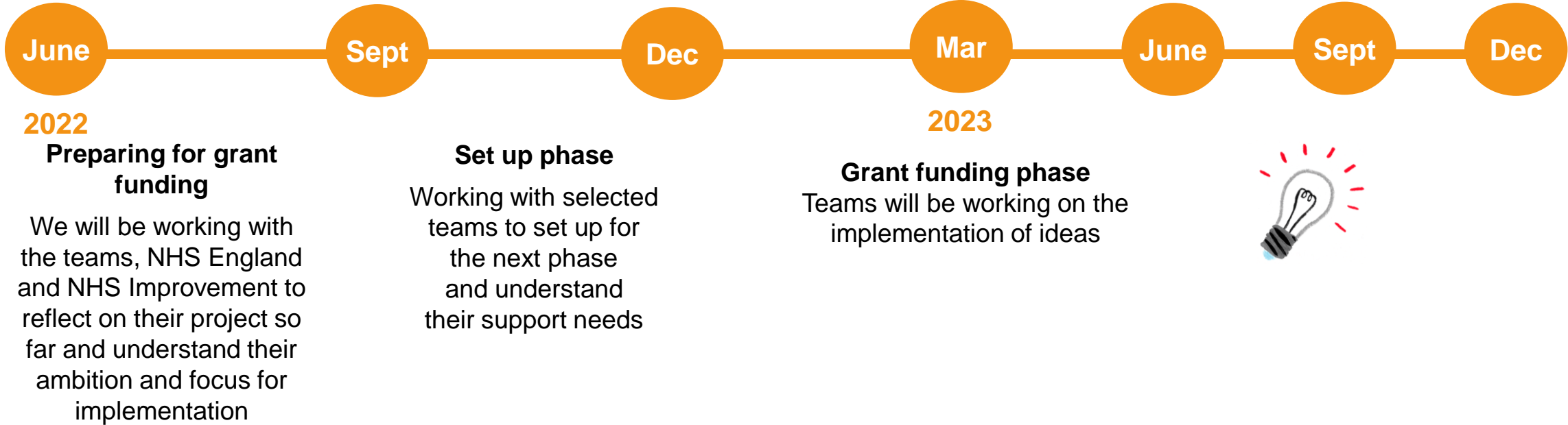


The next phase of Q Lab UK

Sharing our learning

Q Lab UK and NHS England and NHS Improvement will be speaking at International Forum.

Session: Aligning the world of improvement and digital: collaborating for technology



Building the future together...

How do we keep the community alive? What would help you to continue to connect, learn and share your work?

- Use the online spaces (e.g. network map and online group)
- Continue to build on the insights
- Share learning through the Q blog or other channels
- Continue peer learning sessions
- Connect with the Innovation Collaborative

What other ideas do you have?

Something that's stood out for me through this session is...

- How much progress we have made
- Evolving rather than changing
- Context of change
- The determination to try new things out
- Being part of such a supportive community
- How much insight and learning there is to share
- Hope
- Embracing vulnerability – to share journey of ups and downs. unlocked a really thought-provoking and meaningful conversation
- The continuation of curiosity
- The importance for headspace for staff and patients to understand and engage with tech

A bold thing I'd like to do now is...

- Encourage colleagues to join Q
- Make breathing space
- Make time to find out what is happening more widely
- Agree a common working language with stakeholders
- Being objective in my approach to this topic/projects - not just seeing things from staff perspective
- Overcoming the technophobic attitude so to work closely with tech designers in health and care settings

If you could describe the Lab process in one word...



After action review

I like

- The community
- Shared space
- Hearing other people's experiences
- Connecting and learning
- The opportunity to share reflections and knowledge
- The diversity of perspectives
- Peer to peer interaction
- Protected time to focus

I wish

- More non-clinical time to focus on the project
- Improved outcomes for all
- To complete the work
- For people to stay connected and the community to keep thriving
- To get updates on progress of projects
- Time to reflect and continue this journey
- To see impact

I wonder

- How we sustain the momentum
- How to make what we learn normal practice
- How learning can be shared outside of the group
- Whether it's possible to have another Lab workshop after summer
- How many projects will have evolved into something very different in 5 years time
- Whether things will really change or evolve