HangOUT Space: the young person voice by Lauryn GilChrist, Young person partner



Space Description:

hangO.U.T (One United Team) is a welcoming digital space designed for individuals diagnosed with long-term health conditions, their families, friends, and healthcare professionals. Our platform serves as a collaborative hub, fostering peer support and informal communication between members. As a new group, we are committed to continual growth and improvement, ensuring relevance and politeness in all interactions. Entry to the group is granted upon completion of a brief questionnaire, maintaining a focused and engaged community.

Space Design:

The hangO.U.T space will follow an emerald green theme, symbolising growth, harmony, and unity. The layout should be clean and simple with a design that prioritises accessibility, ensuring all members can engage comfortably and effectively.

Objectives:

- 1. <u>Bridge Health Inequalities</u>: Facilitate open dialogue between individuals with long-term health conditions and healthcare professionals to address disparities in healthcare access and delivery. By sharing experiences and insights, we aim to identify and mitigate barriers to care.
- 2. <u>Enhance serviceEffectiveness</u>: Foster a collaborative environment where service users and healthcare professionals co-create resources tailored to individual and population needs. By utilising collective expertise and patient experiences, we strive to optimise treatment outcomes and improve overall well-being.
- 3. <u>Promote Peer Support</u>: Cultivate a supportive community where members can seek advice, share experiences, and find solace in the shared journey of living with long-term health conditions. Through mutual encouragement and understanding, we aim to alleviate feelings of isolation and empower individuals to navigate their health challenges with resilience and optimism.

By aligning our efforts under the banner of One United Team, hangO.U.T strives to reform the landscape of healthcare engagement, encouraging inclusive collaboration and driving meaningful change for individuals with long-term health conditions.